

MASS INTENTIONS

The Most Holy Body & Blood of Christ (Year A)

Saturday 6th June – The Most Holy Body & Blood of Christ	6:30pm	Kelly Smith (R.I.P)
Sunday 7th June – The Most Holy Body & Blood of Christ	9:00am	Charles Stimpson (R.I.P)
	11:00am	Gift Agwuncha (R.I.P)
Monday 8th June – Feria	9:00am	Aleena (Thanksgiving)
Tuesday 9th June – Feria	9:00am	Bill Shorey (R.I.P)
Wednesday 10th June – Feria	9:00am	Andrew Shorey (Int)
Thursday 11th June – St Barnabas	9:00am	Bridget McCarty (R.I.P)
Friday 12th June – The Most Sacred Heart Of Jesus	9:00am	Ann Mary Jojo (Better health & 16 th Birthday Int)
Saturday 13th June – The Immaculate Heart Of Mary	9:00am	Charles Kephala (R.I.P)

Eleventh Sunday in Ordinary Time (Year A)

Saturday 13th June – Eleventh Sunday in Ordinary Time	6:30pm	Julian Avasiloaia (Int)
Sunday 14th June – Eleventh Sunday in Ordinary Time	9:00am	Peter Taylor (R.I.P)
	11:00am	Vijithaa (thanksgiving)

Thought for the Week: Pope Leo XIV's encyclical on AI

People cannot be reduced to machines, measured for their efficiency and valued for their "optimisation". Artificial intelligence "threatens to normalise an anti-human vision," Pope Leo writes. "In that vision, the fullness of life is equated with having more, reducing weakness, eliminating uncertainty and exerting total control. When efficiency becomes the ultimate measure of value, human beings are tempted to see themselves as a project to be optimised rather than as persons called to relationship and communion." Instead, "the quality of a civilisation," he writes, "is measured not by the power of its means, but by its ability to recognise the other as a face not merely as a function."



ST ALBAN'S PARISH NEWSLETTER

Langdale Gardens RM12 5LA

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The Most Holy Body & Blood of Christ (Year A)

6th & 7th June 2026

Dear Friends,

Deserts are hot and harsh environments with no food and little vegetation. Humans are not able to live in such places without perishing from dehydration and starvation. If we suddenly found ourselves in the desert, we would soon become aware of what is essential for survival. The first reading today recounts the experience of the Israelites when God led them from slavery in Egypt through the desert to the Promised Land. They were hungry, thirsty and groaning. God had already given them the Ten Commandments, and now led them through this time of suffering to test them and see if they really trusted in Him. He provided what was truly necessary – bread from heaven and water from the rock – to show them that they depend on Him for every good thing. Our lives are in some ways like going through the desert. We are always longing for something more; we are never satisfied.

This longing can be a grace in itself, it reminds us how much we need the Lord like being in the desert we thirst for him. This is something worth remembering, we say "Lord, I am not worthy to receive you". Holy Communion is not a prize for being good. We do not pretend to be worthy. We come because we are struggling sinners. We come because we are hungry and weak. We all need this gift to sustain us in troubled times and to heal us in our brokenness.

On this feast of Corpus Christi, we are reminded of this free gift. Through it, we receive the grace to help us to realise our total dependence on the Lord. Jesus said, "I am the living bread come down from heaven. He who eats this bread will live forever." Does the prospect of eternal life with the Lord really attract us? The Eucharist is the foretaste of the heavenly banquet.

God Bless

Canon Maurice

Please pray for all who are sick, including:

Nell Addison, Domingos De Albuquerque, Christophe Amblard, Sheeba Antony, Eva Au, Julian Avasiloaia, Michael Balfour, Mary Bowdler, William Bradbury, Rose Cahill, Marlene Camay, John Carty, Macmillan Chitoma Bras-Goncalves, Maureen Daly, Katherine Day, Gerry Margaret Dumbrell, Martha Dwyer, Zain Falzon, Fiona Forder, James Francis, Jean Floreutin, Mary Gallet, Anna Gawlik, Ian Gilling, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Julia Joseph, Kathleen Kavanagh, Ann Keaney, Baby Stephen Kelly, Mary Williams, David Lynch, Mary Lynes, Amaogechi Mbanu, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, John Morrison, Ann Mount, Jim Nolan, Brian Nash, Livan Opoku-Agyemang, Baby Teegan Oakley, Dean Partleton, Michelle Pointer, Baby Teddy Rands, Dr Nikhil Rao, Jennie Reddy, Louis Russo, Dorothy Ryan, Mary Sayers, Marina Scarff, Robin Stinson, Julia Stokes, Teresa Shorey, John Sinclair, The Salter Family (Bert, Charlie and Bert's Daughter-in-law), Charles Stimpson, Julia Thomas, Melon Vigo, Heather Wood, Elizabeth Wyles, Jay Spencer, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord.

PARISH FINANCES:

30th & 31st May 2026

Loose

£625.78

Envelopes

£257.70

Right to Life:

As we celebrate the solemnity of The Most Sacred Heart of Jesus this Friday, let us pray that all those touched by abortion may find God's mercy, healing and love, and rest themselves in His Sacred Heart.

Baptism Course:

The next session for the Baptism course will take place this Saturday the 13th of June at 9am in the Parish Hall. To attend please register with Mr & Mrs Law on 07454 962277.

Holy Communion Programme 2025/26:

Thanksgiving Mass along with certificates and photos distribution will take place on Sunday the 14th June at 11am. This Sunday we continue the sessions for the children and parents not attending Catholic Schools at 10:10am to 10:45am.

Confirmation Programme:

We congratulate the 14 young people who received the sacrament of Confirmation this year. Certificate distribution and thanksgiving Mass will take place on Sunday 21st of June at 11am.

Holy Hour:

Please note Holy Hour continues **every Sunday 6 -7pm.**

Mother & Toddler Group:

If you would like to join us, please contact Maria at or 07774 719 806 for more information.

Monthly Youth Mass

The next Youth Mass is on **Thursday 2nd July** at Brentwood Cathedral 7:30pm.

Post Confirmation Group:

The next meeting will be this Friday the 12th of June at 6:30pm – 8pm.

St John Bosco Children's Camp, summer 2026:

Applications are now open for children currently in school year 5 – 7 (i.e. aged 9-12 in August 2026) to spend a week at camp. 25th July – 1st August or 1st – 8th August. Activities include archery, fishing, Aquapark visit, football, kayaking and much more. The camp is especially for children who may not otherwise have a summer holiday. Suggested donation £200, but full bursaries are available. All application details are at <https://boscocamp.co.uk>. Places are likely to go quickly – early applications are encouraged.

Quiz Night:

There is a quiz night organised by the parents' association (FOSAA) of St Albans Primary School on Friday the 26th of June. It is £10 per person, which includes a portion of Fish and Chips (needs to be pre-ordered), tables of 8-10max. All are welcome! For more information please contact Becky: 077012050949.

Dates For Your Diary:

- **Holy Communion Thanksgiving Mass** – Sunday 14th June at 11am
- **Confirmation Thanksgiving Mass** – Sunday 21st June at 11am

Vocations Group:

We have started a vocations group. This will be for young people, year 10 and upwards. The next meeting will take place on Friday the 26th of June from 6:30pm – 8pm.

CAFOD Petition:

CAFOD has a petition about the global debt crisis which is causing immense suffering for our brothers and sisters in low-income countries. Money that should be spent on healthcare and education is flowing out of countries that can least afford it. Complex factors have caused this crisis and now governments have an impossible choice between serving their people or paying their creditors. Many countries have paid their original debt back, but spiralling interest means they will never break the cycle. Cardinal Stephen from South Sudan says, "When debt repayment takes priority over essential services, the poorest suffer most." Practical solutions are available. Please sign the petition at cafod.org.uk/cancelthedebt

Petition on Conscience Protection:

Defend NHS staff conscience rights. Following the fall of the Leadbeater assisted suicide Bill, fresh bids to introduce an assisted dying law in England and Wales are anticipated. Any new law would likely pressure NHS staff to be involved in some way and offer even less protection to institutions like hospices. You can help protect healthcare workers and hospices by signing the Bios Centre online petition at Petition on Conscience Protection - Bios Centre or using the QR code.



The Legacy of St Francis:

A fully edited version of the recent talk given by Fr Alban McCoy OFM Conv to mark eight hundred years since the death of St Francis of Assisi is now available free of charge from the home page of www.whatgoodnews.org The talk was given at the Catholic Church of Christ the Eternal High Priest in Gidea Park on 2nd May.