

MASS INTENTIONS
The Most Holy Trinity (Year A)

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| Saturday 30th May – The Most Holy Trinity | 6:30pm | Alessandro (R.I.P) |
| Sunday 31st May – The Most Holy Trinity | 9:00am | Zain Falzon (Int) |
| | 11:00am | Professor Judith Champ (R.I.P) |
| Monday 1st June – Dedication of the Cathedral Church of St Mary & St Helen | 9:00am | Sr Rosario |
| Tuesday 2nd June – Feria | 9:00am | Sr Lyndsay |
| Wednesday 3rd June – St Charles Lwanga & Comps | 9:00am | Mrs Margie Hayes (R.I.P) |
| Thursday 4th June – Feria | 9:00am | Josie Keane (R.I.P) |
| Friday 5th June – St Boniface | 9:00am | Mgr Canon Harry Turner (60 th Anniv of Ordination) |
| Saturday 6th June – Feria | 9:00am | Mr Doug Tierney (R.I.P) |

The Most Holy Body & Blood of Christ (Year A)

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| Saturday 6th June – The Most Holy Body & Blood of Christ | 6:30pm | Kelly Smith (R.I.P) |
| Sunday 7th June – The Most Holy Body & Blood of Christ | 9:00am | Charles Stimpson (R.I.P) |
| | 11:00am | Gift Agwuncha (R.I.P) |

Thought for the Week:

O Jesus, eternal Priest, keep your Priests within the shelter of Your Sacred Heart, where none may touch them. Keep unstained their anointed hands, which daily touch Your Sacred Body. Keep unsullied their lips, daily purpled with your Precious Blood. Keep pure and unearthy their hearts, sealed with the sublime mark of the priesthood. Let Your holy love surround them and shield them from the world's contagion. Bless their labours with abundant fruit and may the souls to whom they minister be their joy and consolation here and in heaven their beautiful and everlasting crown. – **St Therese of Lisieux's Prayer for Priests**



ST ALBAN'S PARISH NEWSLETTER
Langdale Gardens RM12 5LA
PARISH PRIEST: Canon Maurice Gordon



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The Most Holy Trinity (Year A)
30th & 31st May 2026

Dear Friends,

This feast reminds us of a simple truth which we often forget – God's plan is that we share in his life of glory. By our Baptism, we are raised to a level at which we become sharers in the family life of God. We are born of God the Father; God the Son becomes our brother, and the love of God is poured into our hearts by the Holy Spirit.

This revelation of his inner life of three persons, in which we have a share, is one of God's greatest gifts to us and it is the model towards which all of us should aim and strive. Jesus reveals the mystery of the Trinity to us, not just to let us know the truth about God, but also to know the truth about ourselves – as to what is our origin, where is our destiny and how can we arrive at that final point. We only exist, and the world only exists because God gives life. He is the Father who looks upon us as his children and is closer to us than we are to ourselves. Everyday is a day to love the Father, Son and Holy Spirit so we should strive to make the Holy Trinity a more practical part of our lives. Love is the binding force of the three persons of the Trinity; so, when we love we share in that community of love which is the living God.

Even in the midst of sufferings and heartache, and I know that all families have their struggles, it is still possible to perceive the love of God, as an undercurrent. We will know that the grace of the Trinity is dwelling in us if we are able to show forgiveness, compassion and mercy to one another. The more we are able to do that, by the grace of God, the better an image of the Trinity each one of us is.

God Bless
Canon Maurice

Please pray for all who are sick, including:

Nell Addison, Domingos De Albuquerque, Christophe Amblard, Sheeba Antony, Eva Au, Julian Avasiloaia, Michael Balfour, Mary Bowdler, William Bradbury, Rose Cahill, Marlene Camay, John Carty, Macmillan Chitoma Bras-Goncalves, Maureen Daly, Katherine Day, Gerry Margaret Dumbrell, Martha Dwyer, Zain Falzon, Fiona Forder, James Francis, Jean Floreutin, Mary Gallet, Anna Gawlik, Ian Gilling, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Julia Joseph, Kathleen Kavanagh, Ann Keaney, Baby Stephen Kelly, Mary Williams, David Lynch, Mary Lynes, Amaogechi Mbanu, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, John Morrison, Ann Mount, Jim Nolan, Brian Nash, Livan Opoku-Agyemang, Baby Teegan Oakley, Dean Partleton, Michelle Pointer, Baby Teddy Rands, Dr Nikhil Rao, Jennie Reddy, Louis Russo, Dorothy Ryan, Mary Sayers, Marina Scarff, Robin Stinson, Julia Stokes, Teresa Shorey, John Sinclair, The Salter Family (Bert, Charlie and Bert's Daughter-in-law), Charles Stimpson, Julia Thomas, Melon Vigo, Heather Wood, Elizabeth Wyles, Jay Spencer, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord.

PARISH FINANCES:

23rd & 24th May 2026

Loose

£553.18

Envelopes

£339.70

Right to Life:

We pray for all going through difficult pregnancies, that an overwhelming sense of hope and joy will fill their lives, and that increased support will be given by their family, friends, and local communities.

Baptism Course:

The next session for the Baptism course will take place next Saturday the 13th of June at 9am in the Parish Hall. To attend please register with Mr & Mrs Law on 07454 962277.

Holy Communion Programme 2025/26:

Thanksgiving Mass along with certificates and photos distribution will take place on Sunday the 14th June at 11am. Next Sunday we continue the sessions for the children and parents not attending Catholic Schools at 10:10am to 10:45am.

Confirmation Programme:

We congratulate the 11 young people who received the sacrament of Confirmation last Sunday. Also 3 people will be receiving Confirmation this Saturday 6th of June at the 6:30pm Mass. Certificate distribution and thanksgiving Mass will take place on Sunday 21st of June at 11am.

Holy Hour:

Please note there is **no** Holy Hour this Sunday because of the **May Procession**.

Mother & Toddler Group:

If you would like to join us in 2026, please contact Maria at stalbanstoddler@yahoo.com or 07774 719 806 for more information.

Monthly Youth Mass

The next Youth Mass is this **Thursday 4th June** at Brentwood Cathedral 7:30pm.

Post Confirmation Group:

The next meeting will be next Friday the 12th of June at 6:30pm – 8pm.

St John Bosco Children's Camp, summer 2026:

Applications are now open for children currently in school year 5 – 7 (i.e. aged 9-12 in August 2026) to spend a week at camp. 25th July – 1st August or 1st – 8th August. Activities include archery, fishing, Aquapark visit, football, kayaking and much more. The camp is especially for children who may not otherwise have a summer holiday. Suggested donation £200, but full bursaries are available. All application details are at <https://boscocamp.co.uk>. Places are likely to go quickly – early applications are encouraged.

Rest In Peace:

Please pray for James Nolan who died recently. His funeral will take place this Thursday 4th of June at 11am. His remains will be brought into the Church this Wednesday 3rd of June at 5pm. May he Rest in Peace.

Dates For Your Diary:

- **Holy Communion Thanksgiving Mass** – Sunday 14th June at 11am
- **Confirmation Thanksgiving Mass** – Sunday 21st June at 11am

Vocations Group:

We have started a vocations group. This will be for young people, year 10 and upwards. The next meeting will take place on Friday the 26th of June from 6:30pm – 8pm.

CAFOD Petition:

CAFOD has a petition about the global debt crisis which is causing immense suffering for our brothers and sisters in low-income countries. Money that should be spent on healthcare and education is flowing out of countries that can least afford it. Complex factors have caused this crisis and now governments have an impossible choice between serving their people or paying their creditors. Many countries have paid their original debt back, but spiralling interest means they will never break the cycle. Cardinal Stephen from South Sudan says, "When debt repayment takes priority over essential services, the poorest suffer most." Practical solutions are available. Please sign the petition at cafod.org.uk/cancelthedebt

Petition on Conscience Protection:

Defend NHS staff conscience rights. Following the fall of the Leadbeater assisted suicide Bill, fresh bids to introduce an assisted dying law in England and Wales are anticipated. Any new law would likely pressure NHS staff to be involved in some way and offer even less protection to institutions like hospices. You can help protect healthcare workers and hospices by signing the Bios Centre online petition at Petition on Conscience Protection - Bios Centre or using the QR code.



The Legacy of St Francis:

A fully edited version of the recent talk given by Fr Alban McCoy OFM Conv to mark eight hundred years since the death of St Francis of Assisi is now available free of charge from the home page of www.whatgoodnews.org The talk was given at the Catholic Church of Christ the Eternal High Priest in Gidea Park on 2nd May.