

MASS INTENTIONS
The Most Holy Trinity (B)

Saturday 25 th May – The Most Holy Trinity	6.30pm	Veronica Dowling (R.I.P)
Sunday 26 th May – The Most Holy Trinity	9.00am	People of the Parish
	11.00am	Vincent Okolo (R.I.P)
	3:00pm	Procession in Honour of Our Lady
Monday 27 th May – St Augustine of Canterbury	9.00am	Rosamma Francis (R.I.P)
Tuesday 28 th May – Feria	9.00am	Canon Anthony Dolan (R.I.P)
Wednesday 29 th May – Feria	9.00am	John Barry (R.I.P)
Thursday 30 th May – The Visitation of the Blessed Virgin Mary	9:00am	Fr Michael Daley (R.I.P)
Friday 31 st May – Dedication of the Cathedral Church of St Mary & St Helen	9.00am	Fr George Towler (R.I.P)
Saturday 1 st June – St Justin	9.00am	Adele Bruce (R.I.P)

The Most Holy Body & Blood of Christ (B)

Saturday 1 st June – The Most Holy Body & Blood of Christ	6.30pm	Veronica Dowling (R.I.P)
Sunday 2 nd June – The Most Holy Body & Blood of Christ	9.00am	Charles Stimpson (R.I.P)
	11.00am	Gift Agwuncha (R.I.P)

At this time many young people are doing their exams. Let us pray for them:

God stay close to me today, guide my study and light my way. Ease my nerves and comfort me, with peace and love so tenderly. May I remember the things I need, and understand all I study and read. May I strive to give my best, and do myself justice in each test. May the topics I know and like appear, on the exam paper to lessen my fear. And during the moments I may feel stressed, I'll try to remember the ways I'm blessed. And if there are times that I feel at sea, help me to trust that you're here with me. **Amen**



ST ALBAN'S PARISH NEWSLETTER
Langdale Gardens RM12 5LA
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The Most Holy Trinity (B)
25th & 26th May 2024

Dear Friends,

The sign of the Cross is the Christian's logo or symbol. From the very beginning, at Baptism, priests and parents sign a baby on the forehead with the sign of the cross, and at the end of life the sign of the Cross is also said over us.

It signifies that the person making or receiving it belongs to the Father, to the Son and to the Holy Spirit – to the Trinity, in short. Often, it's used so mindlessly and indiscriminately that we seldom think of what we are doing. We're too busy waiting for the sermon, the meal, the 'real' prayer that follows, that we don't notice that we have said the most powerful prayer already.

Properly done, in the wordless movement, it expresses a great deal. You firstly touch your head, dedicating your mind to God, as you say, 'In the name of the Father'. Secondly, you touch the base of your heart, the symbol of love, while we speak the name of the one who loved us first: 'and the Son'. Thirdly, you move from shoulder to shoulder, from which our arms spring, the agents of action, as we say, 'and of the Holy Spirit'.

With the sign of the Cross, we indicate whom we belong to. By this blessing, with this simple sign and these simple words, we show we are no longer our own man or woman. Whatever follows, the prayer I pray, the meal I eat, the journey I take, the job I do, the journey I start. You do them not in your name and for your glory, but in the name of the Father, and of the Son and of the Holy Spirit. You are never alone: three's company.

BLESSING:

May the Father reassure you and give you new confidence. May the Son deepen your friendship with the Father. May the Holy Spirit guide your hearts and minds at each moment of your life's journey. May the Father, Son and Holy Spirit bless you now and always. Amen.

**God Bless you,
Canon Maurice**

Please pray for all who are sick, including:

Nell Addison, Paul & Eva Au, Michael Balfour, Doreen Banister, William Bradbury, Vincent Brady, Rose Cahill, Marlene Camay, John Carty, Macmillan Chitoma Bras-Goncalves, Anne Dunn, Rose Dique, Sarah Content, Maureen Daly, John Detheridge, Katherine Day, Gerry Margaret Dumbrill, Eddie and Martha Dwyer, Fiona Forder, James Francis, Mary Gallet, Anna Gawlik, Ian Gilling, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Jenny Jones, Julia Joseph, Kathleen Kavanagh, Rev Tom Keighley, Francesca Kelly, Baby Stephen Kelly, Vicky Loik, Mary Lynes, Amaogechi Mbanu, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, John Morrison, Ann Mount, Jim Nolan, Brian Nash, Iivan Opoku-Agyemang, Baby Teegan Oakley, Dean Partleton, Michelle Pointer, Baby Teddy Rands, Dr Nikhil Rao, Jennie Reddy, Rosetta Reehill, Dorothy Ryan, Fr Francis Coveney, Mary Sayers, Marina Scarff, Elizabeth Smith, Julia Stokes, Teresa Shorey, John Sinclair, Charles Stimpson, Julia Thomas, Bernie Whoriskey, Elizabeth Wyles, Jay Spencer, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord.

PARISH FINANCES:

18th & 19th May 2024

Loose

£518.01

Envelopes

£346.27

Mother and Toddlers Group:

For more information about the mother and toddler group, please visit <https://stalbanescic.my.canva.site/> We thank Maria and all of the staff who support our Mother and Toddlers group.

Baptism Course:

The next Baptism course will take place on Saturday 8th of June in the Parish Hall at 9am. To attend please register with Mr & Mrs Law on 07454 962277.

Confirmation Programme:

The next confirmation session will be the thanksgiving mass and the presenting of their certificates and photographs on 9th of June at the 11am Mass.

First Holy Communion Programme 23-2024:

The Thanksgiving Mass for the 39 children who received their first Holy Communion recently, will take place on 9th of June at 11am.

Dates for your Diary:

- **09th – 14th June 2024:** Parish Mission Week

Church Cleaners:

Would you like to help Our Lady keep her Son's house - The Church clean. If you are interested, please come along on Monday mornings after Mass.

Prayers for the Parish Mission this Sunday

This Sunday evening, we have Exposition of the Blessed Sacrament from 6pm - 7pm to pray for the intentions of our Parish Mission. All are invited.

R.I.P:

Please pray for the soul of Janice Laide who died recently. Her funeral will take place this Tuesday 28th of May at 10.30am at Corbets Tey, Upminster Cemetery. May they rest in peace.

Job Vacancy

St Peter's Primary School, Goresbrook Road, Dagenham are seeking to appoint a KS2 Class Teacher from 1 September 2024. Closing date 10 am. 11th June 2024. Please call the school office for more information tel.0208 270 6524, email:- office@st-peter.bardaglea.org.uk. School visits welcome.

Youth Mass, Thursday 6th of June 2024, Brentwood Cathedral

This may be a busy and stressful time for many of you, particularly those taking exams. The Cathedral and Parish Hall will be open for you to socialise, pray and celebrate Mass with us, or pop in for a break from revision, change of scenery or quiet personal prayer. Pizza from 6pm in the Parish Hall, Mass at 7:30pm in the Cathedral.

Revive. Discover. Empower.” Retreat for Young Adults, 22nd – 23rd of June at Walsingham House at Abbotswick

This young adult retreat is an opportunity for spiritual growth and reflection, to **revive**, **discover** and **empower** you in your faith. *This retreat is aimed at those aged 18+, having left school, to roughly 30.* All details can be found at www.bcys.net/events

Walsingham House Anniversary Mass, 31st of August at Walsingham Hse at Abbotswick

Celebrate 40 years of team at Walsingham House with us, beginning with Mass celebrated by Bishop Alan at 12pm followed by celebrations at our beautiful retreat house just outside Brentwood.

Diocesan Pilgrimage 2024:

Join Bishop Alan on the Diocesan Pilgrimage to Lourdes (Friday 19 – Friday 26 July). To book, please go online: [Brentwood Lourdes - Lourdes - Tangney Tours \(tangney-tours.com\)](http://Brentwood Lourdes - Lourdes - Tangney Tours (tangney-tours.com)) If you wish to discuss any aspect of the pilgrimage, please e-mail Kathryn Young: kathrynyoung@mail.com

Right to Life

As we approach the Feast of the Visitation on Friday, let us pray for couples trying to conceive that, like Elizabeth, they may be blessed with the gift of children. We pray too, that like St John the Baptist leaping in his mother's womb, we may recognise Christ in our neighbour, especially the unborn

New Lectionary:

You may have heard that a new translation of the scripture readings for Mass has been authorised and will come into use from Advent this year. Various editions of people's missals will be made available from the usual publishers; if you are looking to buy one for yourself or as a gift do take care to make sure you get the new version which will typically only be on pre-order at present.

Battle of the Organs – Brentwood Cathedral

On Saturday June 29th at 8pm, a one-off event will take place in Brentwood Cathedral...a Battle of the Organs. The mighty Cathedral instrument, originally built by Hunter, and rebuilt in 1990 by Daniel of Clevedon, will go head-to-head with a new Allen GX350. Allen Organs UK are very kindly lending us the instrument not only for the Battle, but also for the following morning to allow the Cathedral Choir to sing one of the great French double organ Masses at the 11.30am Mass. Tickets are £15 and £7.50 for under 16s, and are available from Eventbrite <https://www.eventbrite.co.uk/o/83220321803> Further details available from Richard Nott at organisttraining@brcdt.org