

MASS INTENTIONS
Fourteenth Sunday in Ordinary Time (A)

Saturday 8 th July – Fourteenth Sunday of Ordinary Time	6.30pm	Christine Johnson (R.I.P)
Sunday 9 th July – Fourteenth Sunday of Ordinary Time	9.00am 11.00am	Tony Sellors (R.I.P) Teresa Carty (R.I.P)
Monday 10 th July – Feria	9.00am	Evans & Michelle Thanksgiving
Tuesday 11 th July – St Benedict	9.00am	Helen Ging (R.I.P)
Wednesday 12 th July – Feria	9.00am	Gerard & James (R.I.P)
Thursday 13 th July – Feria	9.00am	Marcia & Arsenio Trinidad (R.I.P)
Friday 14 th July – Feria	9.00am	Michael Collins (R.I.P)
Saturday 15 th July – St Bonaventure	9.00am	Chuks Onodu Birthday Ints

Fifteenth Sunday in Ordinary Time (A)

Saturday 15 th July – Fifteenth Sunday of Ordinary Time	6.30pm	Richard Mahoney (R.I.P)
Sunday 16 th July – Fifteenth Sunday of Ordinary Time	9.00am 11.00am	Gregory Adams (R.I.P) John Finan (R.I.P)

Thoughts for the week:

'The sleepy like to make excuses.'

'Be careful to be gentle, for fear in removing the rust, you break the whole instrument.'

'Prayer ought to be short and pure, unless it be prolonged by the inspiration of Divine grace.'

'Idleness is an enemy of the soul.'

'One who never stops talking can't avoid falling into sin.'

'Let all guests who arrive be received like Christ, for He is going to say, 'I came as a guest, and you received Me.' – **St Benedict**

Feast Day this Tuesday 11th July. Patron of Europe.



ST ALBAN'S PARISH NEWSLETTER
 Langdale Gardens RM12 5LA
 PARISH PRIEST: Canon Maurice Gordon



Presbytery:
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 Parish Deacon: Rev. Ken Carleton
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 Parish Website: <https://www.stalbansrcchurch.uk>
 Fr. Joseph Farrell (Retired) – 2B, Langdale Gardens, RM12 5LA
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St Alban's Primary School
 Heron Flight Avenue, RM12 5LN
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 Head Teacher: Ms Gail McBride
 Angela – Gift Aid Organiser
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Fourteenth Sunday in Ordinary Time (A)
8th and 9th July 2023

Dear Friends,

At times we all find life difficult. We become overburdened with problems and worries. We often use these as an excuse for not turning to Christ. In today's Gospel Christ tells us to bring all our burdens to him and he will give us comfort, peace and strength. Let us come to him with love and trust.

REFLECTION:

Slow me down, Lord, ease my pounding heart,
 Quieten my racing mind, steady my hurried steps.
 Amidst the confusion of my days
 Give me the calmness of the everlasting hills.
 Help me to know the restoring power of sleep.
 Teach me the art of taking time off, of slowing down to look at a flower,
 To chat with friends, to read a few lines from a good book
 Remind me each day that there is more to life than increasing its speed
 Let me look into the branches of a towering oak
 And know that it grew tall and strong
 Because it grew slowly and well
 Slow us down Lord, teach us to be gentle and humble of heart
 And thus, we will find rest for our souls.

Amen

God bless and Keep Safe,
Canon Maurice

Please pray for all who are sick, including:

Nell Addison, Paul & Eva Au, Michael Balfour, Doreen Banister, John Barry, William Bradbury, Vincent Brady, Rose Cahill, Marlene Camay, John Carty, Macmillan Chitoma Bras-Goncalves, Sarah Content, Maureen Daly, Katherine Day, Denis Doherty, Gerry Dique, Rose Dique, Charlotte Dudenney, Dylan Dunbar, Nancy Donovan, Ann Dunn, Margaret Dumbrell John Finan, James Francis, Anna Gawlik, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Jenny Jones, Julia Joseph, Kathleen Kavanagh, Rev Tom Keighley, Francesca Kelly, Baby Stephen Kelly, Vicky Loik, Mary Lynes, Amaogechi Mbanu, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, Matthew Milnar, John Morrison, Ann Mount, Jim Nolan, Brian Nash, Ivan Opoku-Agyemang, Baby Teegan Oakley, Cecilia O'Connor, Vincent Okolo, Dean Partleton, Teresa Pitman, Michelle Pointer, Baby Teddy Rands, Jennie Reddy, Rosetta Reehill, Dorothy Ryan, Mary Sayers, Marina Scarff, Elizabeth Smith, Alan Stokes, Teresa Shorey, John Sinclair, Charles Stimpson, Crystal Stimpson, Julia Thomas, Theresa Wiseman, Elizabeth Wyles, Jay Spencer, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord.

PARISH FINANCES:

1st & 2nd July

Loose

£569.08

Envelopes

£415.90

Donations and Gift Aid Form:

We have been asked to provide details so that parishioners can pay their donations by direct debit or standing order. It is an easier form of donation the details are as follows:

Bank HSBC

Account name: Catholic Church Elm Park St Albans

Sort Code: 40-13-22

Account number: 31019848

We can still collect the gift aid for these donations so please remember to fill in the gift aid form.

Right to Life:

The Lord tells us that He has revealed the mysteries of the Kingdom to little children. Let us, therefore, ask for the grace to protect all children - born and unborn - from every form of harm.

Toddlers Group:

Mothers and Toddlers Group A toddler group takes place every Thursday and Friday in the Hall between 10- 11:30am - all parents are welcome. Please call Maria on 07751 236262.

Mass of Thanksgiving for Marriage and Family Life:

Bishop Alan will be celebrating the annual Mass of Thanksgiving for Marriage and Family Life in the Cathedral at 3pm on Saturday the 15th of July. As last year, the Mass will be followed by a reception in the hall. All are welcome.

Bazaar Meeting

There will be a meeting to discuss the Parish School Bazaar this Monday 10th July at 6.15pm. All are welcome to attend.

BCCS Child & Family Counselling Services:

Brentwood Catholic Children's Society offers therapeutic support directly to children, young people, families and parents through their Child and Family Counselling Service (CFCS) located in their head office in Billericay. Families can contact BCCS directly by emailing Catherine Munns cmunns@bccs.org.uk who will outline the type of support that will be provided for them or their child. There is a charge for this service, but they urge any families needing support to contact them. More information is available on their website: www.bccs.org.uk

Rest in Peace:

It is with great sadness that we announce the death of Richard Mahoney who died suddenly last Monday. He was a much loved Parishioner and a dedicated Family man. We extend our sympathy to his wife Mary and their children. As we pray for his family in their loss, we pray for Richard. Eternal rest grant upon him O' Lord, and let perpetual light shine upon him, may he rest in peace. Amen

Welcome:

This weekend we welcome Andrei Ilies a student from the Beda College in Rome who is studying for the priesthood for our diocese. He will be staying in our Parish for the month of July on a Parish placement.

TALK ON THE OUR FATHER:

This Wednesday 12th July at 7 pm in the parish hall at the Catholic Church of Christ the Eternal High Priest, Gidea Park (RM2 6DH), Fr Adrian Graffy will give a short talk entitled 'The Prayer of Prayers: An exploration of the Our Father'. The talk is free of charge, and tea and coffee will be available from 6.30 pm. Ample free parking, and easy access on the Elizabeth Line. The talk is available also by live stream on www.whatgoodnews.org No booking necessary.

200 Club Winners

The winners for April is M Downs. Please see Father Maurice to collect your cheque.

Help Your Marriage

Retrouvaille is a program to support couples who have difficulties in their marriage. It brings a positive focus, new hope and helps nourish and grow your marriage. Tens of thousands of couples headed for divorce have successfully save their marriages by attending and using the tools provided. The programme helps spouses uncover or reawaken the love, trust and commitment that originally brought them together. For confidential information about 'Retrouvaille' or to register for the next programme commencing with a virtual weekend on 6-9 July or a Face-to-Face weekend in Welwyn Garden City on 13-15 October 2023., call 07887 296983 or 07973 380443 or email retrouvailleukinfo@gmail.com or visit www.retrouvaille.org.uk

Thank you:

Mabel Rita Correa and her family wish to thank all those who gave them their support in the loss of Victor Correa by their prayers, thoughts, cards and Mass offerings, a Mass for your intentions will be offered through the missions.

Newham Partnership Youth Co-Ordinator

The successful applicant will build and develop a Partnership Youth Leadership Team. Full Job description is attached. Hours: 35 hours per week (to include evening and weekend work) Salary: £25,000 p/a: A fixed 2 year contract. Start Date: Early October 2023 Apply by sending a CV and covering letter (no longer than A4) to frdanielkelly@brcdt.org. Closing date for applications is 11th September 2023. Interviews – Week commencing 18th September 2023

Confirmation Mass:

There will be a thanksgiving Mass next Sunday the 16th of July at 11am for all those who received the sacrament of Confirmation on the 28th of May this year. Certificates and a group photograph will be presented to each student. All newly confirmed will be expected to attend. There will be some light refreshments in the presbytery after the Mass.