

**MASS INTENTIONS
Pentecost Sunday (A)**

Saturday 27 th May – Pentecost Sunday	6.30pm	Barry McManus (R.I.P)
Sunday 28 th May – Pentecost Sunday	9.00am	Mary Bates
	11.00am	Gift Agwuncha (R.I.P)
	3.00pm	Confirmation Mass
Monday 29 th May– Mary, Mother of the Church	9.00am	Marcial Trinidad (R.I.P)
Tuesday 30 th May– The Visitation of the Blessed Virgin Mary	9.00am	Wally McNeela
Wednesday 31 st May– Dedication of the Cathedral Church of St Mary & St Helen, Brentwood	9.00am	Bill Shorey
Thursday 1 st June– Our Lord Jesus Christ the Eternal High Priest	9.00am	Jenny Guthrie-Stevens (R.I.P)
Friday 2 nd June – Feria	9.00am	K K Joseph & K K Thomas (R.I.P)
Saturday 3 rd June– St Charles Lwanga & Comps	9.00am	Teresa Fowler (R.I.P)

The Most Holy Trinity (A)

Saturday 3 rd June– The Most Holy Trinity	6.30pm	Thomas Carleton (R.I.P)
Sunday 3 rd June – The Most Holy Trinity	9.00am	Charles Stimpson (R.I.P)
	11.00am	Luis Graca (R.I.P)

Prayer to the Holy Spirit:

Spirit of **Light**, let your wisdom shine on us.
 Spirit of **Silence**, make us aware of God's presence.
 Spirit of **Courage**, dispel the fear in our hearts.
 Spirit of **Fire**, inflame us with Christ's love.
 Spirit of **Peace**, help us to be still and listen to God's word.
 Spirit of **Joy**, inspire us to proclaim the Good News.
 Spirit of **Love**, help us to open ourselves to the needs of others.
 Spirit of **Power**, give us all your help and strength.
 Spirit of **Truth**, guide us all in the way of Christ.



ST ALBAN'S PARISH NEWSLETTER
 Langdale Gardens RM12 5LA
 PARISH PRIEST: Canon Maurice Gordon



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Pentecost Sunday (Year A)

27th & 28th of May 2023

Dear Friends,

The Risen Jesus breathed on his disciples, a sign that he was sharing his life, his Spirit, his energy with them. Having breathed on them, he said "Receive the Holy Spirit". The energy, the life of God was being breathed into the disciples, and the first gift it brought to them was the power to forgive or retain sins. But no one can receive the Spirit of God and be unchanged.

We have all received his Holy Spirit at Baptism and in Confirmation. We need the help and guidance of the Holy Spirit to help us to be faithful. In things we take on and especially relationships – marriage, family, church – we are weak without God's help.

A little hymn which we sometimes sing at Mass, and which is often sung at prayer groups, is this:

Spirit of the living God fall afresh on me.

Break me, melt me, mould me, fill me.

Spirit of the living God, fall afresh on me.

This accepts that we have already received the Spirit but that each and every one of us continually needs renewal. We cannot make the Holy Spirit come, but we can pray for that coming.

What tremendous energy was released on that first Pentecost Sunday. What tremendous energy is still released into the Church by the Holy Spirit, that we may work in communion with each other, renewing the face of the earth.

*God Bless and Keep Safe,
 Canon Maurice*

Please pray for all who are sick, including:

Nell Addison, Paul & Eva Au, Michael Balfour, Doreen Banister, John Barry, William Bradbury, Vincent Brady, Rose Cahill, Marlene Camay, John Carty, Sarah Content, Maureen Daly, Katherine Day, Denis Doherty, Gerry Dique, Rose Dique, Charlotte Dudenney, Dylan Dunbar, Nancy Donovan, Ann Dunn, Margaret Dumbrell John Finan, James Francis, Anna Gawlik, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Jenny Jones, Julia Joseph, Kathleen Kavanagh, Rev Tom Keighley, Francesca Kelly, Baby Stephen Kelly, Vicky Loik, Mary Lynes, Amaogechi Mbanu, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, Matthew Milnar, John Morrison, Ann Mount, Jim Nolan, Brian Nash, Iwan Opoku-Agyemang, Baby Teegan Oakley, Cecilia O'Connor, Vincent Okolo, Dean Partleton, Teresa Pitman, Michelle Pointer, Baby Teddy Rands, Jennie Reddy, Rosetta Reehill, Dorothy Ryan, Mary Sayers, Marina Scarff, Elizabeth Smith, Alan Stokes, Teresa Shorey, John Sinclair, Charles Stimpson, Crystal Stimpson, Julia Thomas, Theresa Wiseman, Elizabeth Wyles, Theresa Carty, Jay Spencer, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord.

PARISH FINANCES:

20thth & 21st May

Loose

£613.17

Envelopes

£459.65

Donations and Gift Aid Form:

We have been asked to provide details so that parishioners can pay their donations by direct debit or standing order. It is an easier form of donation the details are as follows:

Bank HSBC

Account name: Catholic Church Elm Park St Albans

Sort Code: 40-13-22

Account number: 31019848

We can still collect the gift aid for these donations so please remember to fill in the gift aid form.

Confirmation 2022/2023:

Congratulations to our 19 young people who will be confirmed this Sunday. We thank their parents, the catechists and parishioners who have all been supporting them in their faith formation and their concern for their future wellbeing.

Baptism Course:

The next Baptism course will take place on Saturday 10th of June in the Parish Hall at 9am. To attend please register with Mr & Mrs Law on 07454 962277.

Right to Life:

At those times when we believe we must defend the weak and the vulnerable, let us pray for knowledge, wisdom and fortitude - three of the Holy Spirit's seven gifts.

BCCS Child & Family Counselling Services:

Brentwood Catholic Children's Society offers therapeutic support directly to children, young people, families and parents through their Child and Family Counselling Service (CFCS) located in their head office in Billericay. Their CFCS team consists of several experienced and highly qualified therapists working in specially adapted therapy rooms. Families can contact BCCS directly by emailing Catherine Munns cmunns@bccs.org.uk who will outline the type of support that will be provided for them or their child. There is a charge for this service but they urge any families needing support to contact them. More information is available on their website: www.bccs.org.uk

Mass of Thanksgiving for Marriage and Family Life:

Bishop Alan will be celebrating the annual Mass of Thanksgiving for Marriage and Family Life in the Cathedral at 3pm on Saturday 15th of July. As last year, the Mass will be followed by a reception in the hall.

R.I.P:

Please pray for the soul of Victor Correa (husband of Mabel Rita) who died recently. His Requiem Mass will take place on the 15th June at 11am. Please also pray for Samuel Nti (Father of Vicky Kankan) who died recently in Ghana. May they rest in peace.

Pilgrimage to Lourdes 2023:

Diocesan Pilgrimage to Lourdes 2023: Join Bishop Alan in Lourdes from Monday 24th to Saturday 29th of July. We can support those with medical needs. For further information, please phone Tangey Tours on 01732 886 666 or book online: [Brentwood Lourdes - Lourdes - Tangey Tours \(tangey-tours.com\)](http://Brentwood Lourdes - Lourdes - Tangey Tours (tangey-tours.com))

BCYS Youth Mass, 1st June at Brentwood Cathedral

Beginning in the Brentwood Cathedral Parish Hall from 6pm, there will be pizza and refreshments available, with the Cathedral open for quiet prayer, music and reflection, particularly thinking of those in the middle of, or nearing the end of, exams who may need a quiet space to rest and revitalise. Join us for as long or short a time as you wish to enjoy the peace of the Cathedral before we celebrate Mass with Fr Michael at 7:30pm. Anyone who wishes is very welcome to bring instruments or sing with our Youth led music group, or if you would like to serve, read, or be involved in the Mass in any way you would be incredibly welcome!

Calais Light:

We're off to Calais! Calais Light, the refugee charity, invites you to come on our July weekend convoy to volunteer with Care4Calais in N France. It's our 23rd trip, & spots are going fast so sign up fast now on our website. Dates: Fri 7th -Sun 9 July. We book everything for you. About £95 all in. You'll never regret helping refugees. To register go to:

www.calaislight.com

Health and Safety Officer: A vacancy has arisen for a Health and Safety Officer to work full time from Monday to Friday. They will be based at Cathedral House and will be required to travel around the Diocese. Candidates must have H&S experience and H&S qualifications including NEBOSH. Please send your CV and cover letter by email to hr@brcdt.org Full job description is available: Health-and-Safety-Officer-JD.pdf (dioceseofbrentwood.net) Closing date for applications: 9th June 2023

Christus Vivit (Christ Lives): A new group for adults aged 18-35 will meet once a month in Clergy House, Brentwood 07:30pm on Sunday evening. The next sessions are the 4th June and 2nd July. All are welcome.