

**MASS INTENTIONS
Fifth Sunday in Ordinary Time (A)**

Saturday 4 th February – Fifth Sunday in Ordinary Time	6.30pm	Family & friends of the late Ann O'Connor
Sunday 5 th February – Fifth Sunday in Ordinary Time	9.00am	Michael Palmer (R.I.P)
	11.00am	Borg & Abela (Family Int)
Monday 6 th February – St Paul	9.00am	Christine Johnson (R.I.P)
Tuesday 7 th February – Feria	9.00am	Kathleen Webb (R.I.P)
Wednesday 8 th February – Feria	9.00am	Thomas Turner (Birthday Int)
Thursday 9 th February – Feria	9.00am	Billy Hudson (R.I.P)
Friday 10 th February – St Scholastica	9.00am	Jim Duggan
Saturday 11 th February – Our Lady of Lourdes	9.00am	Pavu Njaliyan (R.I.P)

Sixth Sunday in Ordinary Time (A)

Saturday 11 th February – Sixth Sunday in Ordinary Time	6.30pm	Luis Graca (R.I.P)
Sunday 12 th February – Sixth Sunday in Ordinary Time	9.00am	Tom Holland (R.I.P)
	11.00am	Tommy Holland (R.I.P)

Reflection for the week: (World Day of Prayer for the Sick 11.02.23)

Hear our prayer, Oh God, and heal the many illnesses that afflict us in body, mind and soul. Bring comfort to those who suffer. Bring consolation to those who despair. Bring strength to those of us who walk with the sick. Bring hope to all for whom the path to healing is long or may not end. Let us never forget your special care for the sick, that they may also know they are precious and loved. **Amen**



ST ALBAN'S PARISH NEWSLETTER
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**Fifth Sunday in Ordinary Time (Year A)
4th & 5th February 2023**

Salt adds flavour to food and keeps it from going bad. Light brightens up the world and shows people the way. In today's Gospel, Jesus tells his disciples that they are to be like light and salt. This is a challenge to us because we are so prone to laziness, selfishness and cowardice.

Christ affirms us in who we are. "You are the salt of the earth; you are the light of the world!. He has given us the responsibility of Christian living, and given us the freedom to accept or reject it. It is because of who we are that we are invited to live in a certain way. Jesus encourages and inspires us to live with dignity as we are. But what does it mean to be 'salt' and 'light'?

Just as salt gives flavour and adds taste, we, as salt should have a positive influence, make an impact on life where we find ourselves. As light shines out in the darkness, however small its flame, we too should be shining examples of love, care and forgiveness of Christ.

We are called to live our lives fully as Christians in the situations in which we live whether we are married, single, young or old, working or unemployed. We bring with us the values of Christ – honesty, integrity, generosity and truth. Then our good example will not go un-noticed and may be an inspiration to others to do the same. Our lives will then be witnesses to the Eucharist we celebrate, living examples of God's love on earth.

Prayer: Heavenly Father, you have called your Church to be the Salt of the earth and the Light of the world. Give us vigorous faith and a love that is genuine, so that all may see our works and give you the glory. Through Christ our Lord. **Amen**

**Take care, God bless,
Canon Maurice**

Please pray for all who are sick, including:

Nell Addison, Paul & Eva Au, Michael Balfour, Doreen Banister, John Barry, William Bradbury, Vincent Brady, Rose Cahill, John Carty, Sarah Content, Maureen Daly, Katherine Day, Denis Doherty, Gerry Dique, Rose Dique, Charlotte Dudenney, Dylan Dunbar, Nancy Donovan, Ann Dunn, Margaret Dumbrill John Finan, James Francis, Anna Gawlik, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Jenny Jones, Julia Joseph, Kathleen Kavanagh, Stuart Keen, Francesca Kelly, Baby Stephen Kelly, Vicky Loik, Mary Lynes, Amaogechi Mbanu, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, Matthew Milnar, John Morrison, Jim Nolan, Brian Nash, Ivan Opoku-Agyemang, Baby Teegan Oakley, Cecilia O'Connor, Vincent Okolo, Dean Partleton, Teresa Pitman, Michelle Pointer, Baby Teddy Rands, Jennie Reddy, Rosetta Reehill, Nellie Ringrose, Dorothy Ryan, Mary Sayers, Marina Scarff, Alan Stokes, Teresa Shorey, John Sinclair, Charles Stimpson, Crystal Stimpson, Julia Thomas, Theresa Wiseman, Elizabeth Wyles, Theresa Carty, Jay Spencer, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord

PARISH FINANCES:

28th & 29th January

Loose

£503.56

Envelopes

£335.64

First Holy Communion 2022-2023:

The next session for the first Holy Communion will be this Thursday 9th February 2023 at 7pm. Parents will meet in the church and the children will meet in the Parish Hall.

Journey in Faith Programme (RCIA):

Anyone who wishes to know more about the basics of the Faith or is interested in joining the Church is invited to the weekly sessions which take place on Mondays at 7:30pm in the Presbytery. Any Parishioner who wishes to support this group, is also invited to come along.

Baptism Course: The next Baptism course will take place next Saturday the 11th of February 2023 in the Parish Hall at 9am. To attend please register with Mr & Mrs Law on 07454 962277.

Pilgrimage to Lourdes 2023

The annual diocesan pilgrimage led by Bishop Alan, will take place from Monday 24th Saturday 29th July. All are welcome, including those who need assistance. Details regarding booking will follow soon.

Right to Life

Let us pray that the good works and charity of our church community towards those experiencing difficult times would give glory to our Heavenly Father - especially towards the needy among us preparing for the birth of a child.

Brentwood Catholic Youth Service Summer Lourdes 2023

Applications are now open for the Brentwood Catholic Youth Service pilgrimage to Lourdes from 23rd-30th July 2023. Open to anyone in year 10 and above; info and applications at www.bcys.net/eventssl23.

To support our young people we are hoping to have a variety show with a mix of Cultures and Traditions programs on the 18th of March at 7:30pm.

Rest in Peace:

Please pray for Alma O'Sullivan whose Requiem Mass will take place this Monday the 6th of February at 12:15pm. Please also pray for Isabella De Lucia whose Requiem Mass will take place on the 15th February at 10.45am. We also pray for Liam McDonald who died recently his Requiem Mass will take place on the 16th February at 11am. **May they Rest in Peace.**

Confirmation 2022/2023:

The next Confirmation session will take place on Saturday 4th March at 4pm.

Gardening Tools Needed

If anyone has any hand gardening tools that they could donate to St Albans Primary School, could they please bring them into the office please?

Job Vacancies

The Ursuline Academy Ilford are looking for an IT Technician (Term-time only) Start: ASAP Closing Date: noon, Friday 17 February 2023. For further information please visit: uai.org.uk/about/vacancies

Vacancy for Head of School at St John Fisher Catholic Primary, Loughton-Start date September 2023. Closing date for applications 27/2/23 For further information please visit - [Catholic Teachers Gazette \(ctgonline.co.uk\)](http://Catholic Teachers Gazette (ctgonline.co.uk))

Headteacher – St Clare's Primary School, Clacton-on-Sea

Deadline for applications: 12:00 (noon) on Monday 20th February 2023

Headteacher – St Teresa's Primary School, Colchester

Deadline for applications: 9:00 am on Monday 27th February 2023

Opening Event in Brixton:

Isabel Vaughan Spruce - Arrested for silently praying outside a closed Abortion Centre. Come and hear her speak at 7pm Monday 13th February 2023 And learn about the Life-Saving Peaceful Prayerful Outreach that is 40 Days for Life as we prepare for a 40 Days for Life Campaign in Brixton. For more details contact Gabriella on 07745-711064 or The Good Counsel Network on 020-7723-1740. Venue: Parish Hall, Our Lady of the Rosary, 364 Brixton Road, London, SW9 0TH.