

MASS INTENTIONS
Twenty Eighth Sunday in Ordinary Time (Year C)

Saturday 8 th October	6.30pm	Ann O'Connor (R.I.P)
Sunday 9 th October	9.00am	Ann O'Connor (R.I.P)
	11.00am	Mary Fielder (R.I.P) Tony Eastman (R.I.P)
Monday 10 th October – Feria	9.00am	Chris O'Reilly (R.I.P)
Tuesday 11 th October – Feria	9.00am	Celia Desmond (R.I.P)
Wednesday 12 th October – Ss Ethelburga, Hildelithe & Cuthberga	9.00am	Denis Bramwell (R.I.P)
Thursday 13 th October - Feria	9.00am	Fr Robert Rutledge (R.I.P)
Friday 14 th October – Feria	9.00am	Sandra Fletcher
Saturday 15 th October – St Teresa of Jesus	9.00am	Annamma Francis (R.I.P)

Twenty Ninth Sunday in Ordinary Time (Year C)

Saturday 15 th October – St Teresa of Jesus	6.30pm	People of the Parish
Sunday 16 th October	9.00am	Ray Monie (R.I.P)
	11.00am	Seamus Herbert (I.N.T)

October is the month dedicated to Mary; we will be having rosary in the Peace Garden every evening at 5pm. All families are welcome.

Reflection on distractions on prayer: St Alphonsus Liguori, in his Treatise on Prayer, advises: "If you have many distractions at prayer, that prayer of yours may well be upsetting the devil a great deal." St Louis de Montfort, in *The Secret of the Rosary*, cautions against giving too much importance either to distractions or to spiritual consolations while praying the rosary: One must not be looking for sensible devotion and spiritual consolation in the recitation of the Rosary; nor should one give it up because his mind is flooded with countless involuntary distractions or one experiences a strange distaste in the soul and an almost continual attention of the imagination are needed; faith and good intentions are quite enough. "Faith alone suffices". God looks not at the consolations and feelings of fervour with which we pray but rather at the love we show in our effort to spend time with him. He will reward that effort even though it seems to bear little fruit. In a word, any prayer said with an effort to concentrate is fruitful in bringing about our sanctification.



ST ALBAN'S PARISH NEWSLETTER
 Langdale Gardens RM12 5LA
 PARISH PRIEST: Canon Maurice Gordon



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Twenty Eighth Sunday in Ordinary Time (Year C)
8th and 9th October 2022

Often, like the nine lepers, we fail to give God praise and thanks. We ask Jesus for healing, yet we may neither recognise nor appreciate the healing when he gives it. Even when we know that we have received healing we may fail to acknowledge that the Lord has answered our prayer. Why? Perhaps because we think, unconsciously, that expressing our gratitude will compromise our independence or place us in an inferior and vulnerable position. The streak of self-centredness is very strong in us. Because we do not want to be beholden to anyone, this stops the wellsprings of love and gratitude being released in our hearts. Jesus is hurt by our refusal or inability to give thanks He said: 'Were not all ten made clean? The other nine, where are they? It seems that no one has come back to give praise to God except for this one foreigner.'

Prayer:

Holy Spirit, I do not wish my ingratitude to grieve the Lord. Create in me a heart that is truly grateful, a heart that overflows spontaneously with thanks and praise. **Amen.**

God Bless and Keep Safe,
Canon Maurice

Please pray for all who are sick, including:

Nell Addison, Paul & Eva Au, Michael Balfour, Doreen Banister, John Barry, William Bradbury, Vincent Brady, Rob Brown, Rose Cahill, John Carty, Sarah Content, Maureen Daly, Katherine Day, Desmond family, Denis Doherty, Gerry Dique, Rose Dique, Charlotte Dudenney, Dylan Dunbar, Nancy Donovan, Ann Dunn, Margaret Dumbrill John Finan, James Francis, Anna Gawlik, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Christine Johnson, Jenny Jones, Julia Joseph, Kathleen Kavanagh, Stuart Keen, Francesca Kelly, Baby Stephen Kelly, George Kiparrisi, Mary Lynes, Siobhan McKeon, Norah McLoughlin, Gladys McQuaid, Matthew Milnar, John Morrison, Jim Nolan, Brian Nash, Ivan Opoku-Agyemang, Baby Teegan Oakley, Cecilia O'Connor, Vincent Okolo, Dean Partleton, Teresa Pitman, Baby Teddy Rands, Jennie Reddy, Rosetta Reehill, Nellie Ringrose, Dorothy Ryan, Mary Sayers, Marina Scarff, Teresa Shorey, John Sinclair, Charles Stimpson, Crystal Stimpson, Julia Thomas, Theresa Wiseman, Elizabeth Wyles, Theresa Carty, Jay Spencer, Baby Sophie Geary, Irene (Evelyn's sister) and Clara Yankey. For those we know and the many we do not know, we pray to the Lord

PARISH FINANCES

1st & 2nd October

Loose
£257.53

Envelopes
£351.50

Donations and Gift Aid Form

We have been asked to provide details so that parishioners can pay their donations by direct debit or standing order. It is an easier form of donation the details are as follows:

Bank HSBC

Account name: Catholic Church Elm Park St Albans

Sort Code: 40-13-22

Account number: 31019848

We can still collect the gift aid for these donations so please remember to fill in the gift aid form.

St John's RC Special School, Woodford Bridge: is recruiting for a Head Cook responsible for the provision of well balanced and healthy meals from scratch catering for a variety of dietary needs whilst at all times ensuring high standards in relation to Health and Safety and Food Safety. Previous experience essential, hours 8am-2.30pm Monday to Friday term time only for a job description and application form please contact the school office on 020 8504 1818 or email office@stjohnsrcschool.co.uk Successful applicants will be subject to an enhanced DBS check. www.stjohnsrcschool.co.uk

Right to Life:

"Tomorrow, we celebrate World Mental Health Day. We pray especially for all mothers experiencing difficulties in their pregnancies, whose mental health has, as a result, been negatively impacted. We pray that as a society we would do all we can to help and protect mothers through these circumstances, whilst keeping the health and wellbeing of both the mother and her child as a top priority. Lord hears us."

Confirmation 2022/2023

Next Confirmation session will take place on the 5th of November at 4pm.

First Holy Communion 2022-2023

The next session for the first Holy communion will be on the 20th October at 7pm. Parents will meet in the church and the children will meet in the Parish Hall.

Journey in Faith Programme (RCIA)- Anyone who wishes to know more about the basics of the Faith or is interested in joining the Church is invited to the weekly sessions which takes place on Mondays at 7:30pm in the Presbytery. Any Parishioner who wishes to support this group, is also invited to come along.

Churches Together in Elm Park

There will be an ecumenical dialogue between Rev'd Tom Keighley (St Nicholas Church) and Mgr Roderick Strange (Mater Ecclesiae College, St Mary's University) here at the Parish Centre this Sunday evening 9th October 2022 at 6.00pm. **John Henry Newman: A Saint for all Christians.** Light refreshments served from 5.30pm – all are welcome.

The Relics of St Bernadette

The relics of St Bernadette will come to our diocese in October. This is a wonderful opportunity to pray with the woman to whom Our Lady chose to appear in Lourdes. Here are the details:

BRENTWOOD CATHEDRAL, Sunday 16 October, 11 am: Relics of St Bernadette arrive. **11:30 am:** Holy Mass, celebrated by Bp Alan. **6:30 pm:** Holy Mass, led by the Youth Service. **9 pm:** Cathedral closes. **Monday 17 October, 6 am:** Cathedral opens. **9.15 am:** Holy Mass. 12 noon Relics of St Bernadette leave.

Our parish has organised a coach to go to Brentwood on the Monday 17th of October for the 9:15am Mass. The coach will leave at 8am and return after the Mass, this will give people a chance from our parish to be in the presence of the relics of St Bernadette. There will be no 9am Mass at St Albans Church on the Monday 17th of October.

Secondary Schools Application forms

Father Maurice will be available to sign Secondary Schools Application forms this evening Sunday October 9th from 5pm until 7pm and on Monday 10th from 6pm till 7pm. These are the only times that he will be available to sign these forms.

R.I.P

Please pray for the repose of the soul of Roy Gabaldy who funeral will take place on Monday the 10th of October at 11:20am at Upminster Crematorium. May he Rest in Peace.

BCYS Notice

BCYS Youth Mass in the Presence of the Relics of St Bernadette: Sunday 16th October, 6:30pm, Brentwood Cathedral. Please join the Brentwood Catholic Youth Service, with Bishop Alan presiding and Fr Dominic Howarth preaching. Open to anyone, no need to book!

BCYS Youth Gather: 22nd - 23rd October, Mersea Island. Guest speakers Barry and Margaret Mizen will be sharing the incredible story of how they chose to forgive the man who killed their son Jimmy the day after his 16th Birthday. The SVP will also be leading a workshop, and there will be the chance to try a brilliant range of activities from climbing, high ropes, archery and so much more! The cost is just £55 for the weekend, with coach travel and all meals included.

This event is for anyone in years 9-13, and you can book NOW at www.bcys.net/events

Catechist Training and Resources Day: 5th November, 10am – 3pm at Sacred Heart of Mary School, Upminster. Open to any First Holy Communion and Confirmation Catechists, as well as those leading Youth Groups, Children's Liturgy or similar! A range of fantastic workshops and keynote speech from David Wells. There will also be a session for any young catechists looking to develop their faith post-confirmation (16+). For all information and to book, please visit

www.bcys.net/events/catechistday2022