

**MASS INTENTIONS**  
**First Sunday of Lent (Year C)**

Saturday 5 <sup>th</sup> March – Saturday after Ash Wednesday	6.30pm	Kathleen McLaughlin
Sunday 6 <sup>th</sup> March – <b>First Sunday of Lent</b>	9.00	Terry Rothon (R.I.P)
	11.00	People of the Parish
Monday 7 <sup>th</sup> March – Feria	9.00am	Danny McBride (R.I.P)
Tuesday 8 <sup>th</sup> March – Feria	9.00am	Michael Fox (R.I.P)
Wednesday 9 <sup>th</sup> March– Feria	9.00am	Kathryn Turner (Int)
Thursday 10 <sup>th</sup> March– Feria	9.00am	Joey O’Keefe (R.I.P)
Friday 11 <sup>th</sup> March – Feria	9.00am	Thomas Megoran (R.I.P)
Saturday 12 <sup>th</sup> March – Feria	9.00am	Molly Smith (R.I.P)

**Second Sunday of Lent (Year C)**

Saturday 12 <sup>th</sup> March – Feria	6.30pm	Tony Eastman (R.I.P)
Sunday 13 <sup>th</sup> March – <b>Second Sunday of Lent</b>	9.00	Ava Miller (Int)
	11.00	Lily Follon (R.I.P)

**Reflections for this week on temptation:**

The first and greatest commandment is to love the Lord our God with all our heart, soul, and strength. The purpose of every temptation is to lead us away from this noble calling. Everyday is a battle to love God with an undivided heart. Take heart from Julian of Norwich who said: ‘God did not say: You will not be troubled or that you will not be tempted or that you will not be distressed. But he did say: You will overcome.’ During times of temptation Jesus turned to the scriptures. When we read them, we put on the ‘the mind of Christ’ and learn to stand against Satan’s wiles.



**ST ALBAN’S PARISH NEWSLETTER**  
Langdale Gardens RM12 5LA  
PARISH PRIEST: Canon Maurice Gordon



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**First Sunday of Lent (Year C)**  
**5<sup>th</sup> & 6<sup>th</sup> March 2022**

The Gospel for the first Sunday of Lent is always an account of the temptation of Christ in the desert. Today’s account from Luke helps us to understand and deal with temptation in our own life, by imitating Christ, who faced temptations just like we all do, but who overcame the evil one. Jesus resists all three temptations.

How do we preserve ourselves against the subtleties and deceits of evil? Of ourselves, we cannot. That is why we have to pray, to submit ourselves to the Word of God, allowing it to enlighten our minds and hearts. Then we can begin to distinguish between what is creative and what is destructive within our hearts, thanking God for what is creative and pursuing it, showing him what is destructive and asking to be delivered from it. There is no evil from which he will not rescue us, whether evil done to us or evil we have done. ‘If it is certain that death reigned over everyone as the consequence of one man’s fall, it is even more certain that one man, Jesus Christ, will cause everyone to reign in life who receives the free gift that he does not deserve, of being made righteous’ (Romans 5:17).

**PRAYER**

Grant, Lord, that as we contemplate Jesus in the desert, our hearts and minds may be enlightened by his truth, so that we may recognise the deceits and lies of the evil one masquerading under the appearance of good in ourselves, in our Churches and in our nation. We ask you this through Jesus Christ our Lord. Amen.

**Stations of the cross will take place at St Nicholas Church next Friday the 11<sup>th</sup> of March at 7:30pm.**

*God Bless and Keep Safe,*  
*Canon Maurice*

### ***Please pray for all who are sick, including:***

Greta Anglim, Nell Addison, Paul & Eva Au, Michael Balfour, Doreen Banister, John Barry, William Bradbury, Vincent Brady, Rob Brown, Rose Cahill, John Carty, Sarah Content, Maureen Daly, Katherine Day, Celia Desmond, Desmond family, Denis Doherty, Gerry Dique, Rose Dique, Charlotte Dudenney, Dylan Dunbar, Nancy Donovan, Ann Dunn, James Francis, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Christine Johnson, Jenny Jones, Julia Joseph, Kathleen Kavanagh, Stuart Keen, Ann Kelly, Francesca Kelly, Neil Kelly, Baby Stephen Kelly, George Kiparrisi, Mary Lynes, Siobhan McKeon, Norah McLoughlin, Matthew Milnar, John Morrison, Jim Nolan, Brian Nash, Ivan Opoku-Agyemang, Baby Teegan Oakley, Cecilia O'Connor, Vincent Okolo, Dean Partleton, Teresa Pitman, Baby Teddy Rands, Jennie Reddy, Rosetta Reehill, Nellie Ringrose, Dorothy Ryan, Mary Sayers, Marina Scarff, Teresa Shorey, John Sinclair, Charles Stimpson, Crystal Stimpson, Julia Thomas, Theresa Wiseman, Elizabeth Wyles, Jay Spencer and Clara Yankey. For those we know and the many we do not know, we pray to the Lord

### **Donations and Gift Aid Form**

We have been asked to provide details so that parishioners can pay their donations by direct debit or standing order. It is an easier form of donation the details are as follows:

#### ***Bank HSBC***

***Account name: Catholic Church Elm Park St Albans***

***Sort Code: 40-13-22***

***Account number: 31019848***

We can still collect the gift aid for these donations so please remember to fill in the gift aid form.

### **Confirmation Programme**

The next meeting will take place next Saturday 2<sup>nd</sup> April 2022 from 4.00-6.30pm.

**Baptism Course:** The next Baptism course will take place next Saturday, 12<sup>th</sup> of March in the Parish Hall at 9am. To attend please register with Mr & Mrs Law on 07454 962277.

### **First Holy Communion Programme**

The next session will take place on the 10<sup>th</sup> of March at 7pm. The children will meet in the hall and parents to meet in the Church, as Usual, for their session.

**Journey in Faith Programme (RCIA)** The R.C.I.A programme continues every Monday at 7.30pm in the Presbytery. Anyone interested in joining the church or learning more about the faith is welcome to come along.

### **Rest in Peace**

Please pray for the repose of the soul of James O'Keefe who died recently. His funeral will take place on the 28<sup>th</sup> of March at 1pm at the Upminster cemetery. May he rest in peace.

### **BCYS Summer Lourdes Pilgrimage:**

Youth Pilgrimage to Lourdes Takes place on the 23<sup>rd</sup> to the 30<sup>th</sup> July. The cost is **£625** for the week. It is for students from year 11 and above. For more information, you can email [gabriellafusi@dioceseofbrendwood.org](mailto:gabriellafusi@dioceseofbrendwood.org)

### **Red Box Appeal**

Thank you to all of those who took red boxes home last weekend and thanks also to James Akinyemi who administers this for us..

### **Headteacher Vacancy**

**St Alban's Catholic Primary School, Hornchurch.** Required from 1st September 2022. Group 2: L11 – L17 (starting salary based on experience). NOR: 210 (1 form entry). The Governors of St Alban's Catholic Primary School are seeking to appoint an inspirational and dedicated Head Teacher from September 2022, due to our long standing Head Teacher retiring. St Alban's is a caring, friendly school and community where our Catholic Ethos is central to all that we do. Our new Head Teacher will work with governors to shape the strategic direction of the school, and will be responsible for the day-to-day leadership and management of St Alban's. Deadline for applications: **12:00 noon on Friday 11<sup>th</sup> March 2022.** For further information please contact School Business Manager Katrina Arrowsmith at [contact@st-albans.havering.sch.uk](mailto:contact@st-albans.havering.sch.uk), or call the office Tel: 01708 555644 for an application pack or to arrange a mutually agreed date and time to visit.

### **Toddler Group**

A toddler group has now started every Thursday in the Sacristy between 10-11am - all parents are welcome. Please share this news with your friends and newcomers to the parish – spread the good news on any of your social media accounts!

### **Synod Questionnaire**

Thank you for the responses to the Synod questionnaire, our responses have now been submitted to the Diocese.

### **CAFOD**

Cafod envelopes will be given out this weekend at all Masses, could you please bring these back to next weeks Masses.

### **Right To Life UK**

We pray for Peers in Parliament as they are faced with increased pressure to make at-home abortions permanent. That they would have strength to resist these pressures, and instead prioritise the safety and wellbeing of women, and the lives of unborn babies, by ending this dangerous policy.