

**MASS INTENTIONS**  
**Fourth Sunday in Ordinary Time (Year B)**

Saturday 30 <sup>th</sup> January -	6.30pm	Kathleen Lancaster (R.I.P)
Sunday 31 <sup>st</sup> January –	9.00am	Josephine Remie
	11.00am	Paul Kelleher
Monday 1 <sup>st</sup> February –	9.00am	Mr Eidijus Dursa (R.I.P)
Tuesday 2 <sup>nd</sup> February – <b>The Presentation of the Lord</b>	10.00am	Ravi & Helen Intentions
Wednesday 3 <sup>rd</sup> February <b>St Anne Line</b>	9.00am	John Moore (R.I.P)
Thursday 4 <sup>th</sup> February Fiera	9.00am	Jean Berry (R.I.P)
Friday 5 <sup>th</sup> February – <b>St Agatha</b>	9.00am	Kevin Rafferty (R.I.P)
Saturday 6 <sup>th</sup> February - <b>St Paul Miki</b>	9.00am	James Poddington (R.I.P)

**Fifth Sunday in Ordinary Time (B)**

Saturday 6 <sup>th</sup> February -	6.30pm	Mrs Owens (R.I.P)
Sunday 7 <sup>th</sup> February –	9.00am	Michael Palmer (R.I.P)
	11.00am	Garry Honeyball (R.I.P)

**Ask your MP to sign a parliamentary motion calling on the Government to introduce new guidance on foetal pain**

A new parliamentary motion (EDM 1340) is calling on the Government to introduce new guidance on foetal pain. The evidence that babies can feel pain in the womb, and during many abortions, highlights the humanity of the unborn child and provides another important reason to introduce legislation to protect the unborn child from abortion. Right To Life UK have set up an easy-to-use tool which makes it simple to contact your MP, and ask them to sign this motion calling on the Government to introduce new guidance on foetal pain. It only takes 30 seconds using this easy-to-use tool. This tool can be accessed by visiting the link below:  
[www.righttolife.org.uk/FetalPainMotion](http://www.righttolife.org.uk/FetalPainMotion)

**ST. ALBAN'S PARISH NEWSLETTER**

(Langdale Gardens)

PARISH PRIEST: Fr. Maurice Gordon

St Alban's Primary School

Heron Flight Avenue

Tel: 01708 555644

Head Teacher: Lisa Schaberg

Angela – Gift Aid Organiser

Mobile: 07510 243188

Mob: 07971 544921

Presbytery:

1 Ullswater Way, Elm Park, RM12 5JX

Tel: 01708451449

[parishoffice@stalbansrcchurch.uk](mailto:parishoffice@stalbansrcchurch.uk)

Parish Deacon: Rev. Ken Carleton

[kencarleton@dioceseofbrentwood.org](mailto:kencarleton@dioceseofbrentwood.org).

Parish Website: <https://www.stalbansrcchurch.uk>

**Fourth Sunday in Ordinary Time (Year B)**

**30<sup>th</sup> & 31<sup>st</sup> January 2021**

Dear Friends,

In today's Gospel reading, Jesus is at the beginning of his public ministry. He goes to the synagogue and began to teach the people. His teaching made a deep impression on them, because unlike the scribes, he taught with authority. He is the fulfilment of what Moses speaks about in the First Reading. Jesus is now the prophet, bringing God's mercy and healing. But he not only speaks of God, he is God. This gave him the authority in teaching, and the people were affected and touched by what he said.

We cannot heal ourselves. We need God's grace to help us identify the areas of our lives which need healing, and to bring us to repentance. Otherwise, our hearts can become hardened, and resistant to His offer of healing love. Today's responsorial psalm says, '*O that today you would listen to his voice! Harden not your hearts.*' It is easy to become discouraged and disillusioned if we are struggling with a particular evil habit. We need courage to face it, and bring it into the light of God's Love. We come face to face with Christ in the Sacraments. These encounters with Him heal and strengthen us. No matter how many times we fail, God's love is unconditional. He never gives up on us, but invites us to turn back to Him. As we move forward let us renew our hope and faith in Him.

**Prayer**

Pour out your Spirit upon us and lead us to walk alongside one another. Let a desire for change well up within us. May we overflow with compassion and love. And as a stream wears away stone, may we reshape our world together to reflect your Kingdom of hope for all.  
 Amen

*God Bless and Keep Safe,  
 Father Maurice*

***Please pray for all who are sick, including:***

Nell Addison, Paul & Ava Au, Michael Balfour, Doreen Banister, John Barry, William Bradbury, Vincent Brady, Rob Brown, Rose Cahill, John Carty, Sarah Content, Maureen Daly, Katherine Day, Michael Dear, Celia Desmond, Desmond family, Dennis Doherty, Gerry Dique, Rose Dique, Anthony Doherty, Charlotte Dudenney, Dylan Dunbar, Nancy Donovan, Ann Dunn, Roy Francis, Sheila Fry, Maisie Glennon, Maureen Gorham, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Mathew John, Jenny Jones, Julia Joseph, Mary Kakari, Kathleen Kavanagh, Ann Kelly, Francesca Kelly, Neil Kelly, George Kiparrisi, Mary Lynes, Siobhan McKeon, Jack Lawless, Norah McLoughlin, Matthew Milnar, John Morrison, Jim Nolan, Cecilia O'Connor, Vincent Okolo, Dean Partleton, Teresa Pitman, Rosetta Reehill, Nellie Ringrose, Dorothy Ryan, Mary Sayers, Marina Scarff, Teresa Shorey, John Sinclair, Charles Stimpson, Crystal Stimpson, Theresa Wiseman, Elizabeth Wyles, Clara Yankey, Baby Teegan Oakley and Fr. Joseph Farrell

**Repository**

Due to Tier 4 restrictions, we can offer a "phone and collect" or deliver service. We have a good stock of cards i.e. Sympathy, Mass, New Baby, New Home, Birthdays etc. as well as candles, rosaries and a few calendars. Just ring Liz if there is anything in particular you need. **Liz Preston - 01708 525186**

**Donations and Gift Aid Form**

We have been asked to provide details so that parishioners can pay their donations by direct debit or standing order. It is an easier form of donation the details are as follows:

***Bank HSBC***

***Account name: Catholic Church Elm Park St Albans***

***Sort Code: 40-13-22***

***Account number: 31019848***

We can still collect the gift aid for these donations so please remember to fill in the gift aid form.

**Standing order Donations**

Could the following people who already make a standing order donation please come into the office or phone the presbytery, David Morris and JG & DC Kennelly. We have some paperwork we would like to discuss.

**To Our Catholic Universe and Catholic Times Readers In The Parish**

At the moment, you are unable to collect your paper at Mass, but you can get it delivered direct to your home every week, POST FREE. Please go to [www.thecatholicuniverse.com](http://www.thecatholicuniverse.com) or call them on 0161 820 5722 and they will arrange for you.

**Special Offer 3 Months - £25.00**

**Special Offer 12 Months - £99.00**

**Digital Copy (12 Months) - £55.00**

**Rest in Peace**

Please pray for the repose of the soul of Vincenzo De Lucia who died recently. His funeral will take place on Thursday 4<sup>th</sup> February at 2.00pm at Upminster Cemetery.

We also remember to pray for the repose of the soul of Paddy Byrnes who died recently. His remains will be brought into the Church on Thursday, 9<sup>th</sup> February 2021 at 5:00 pm. His Requiem Mass will take place on 10<sup>th</sup> February at 11am.

Please pray for David Wright, whose Requiem mass will take place on the 11<sup>th</sup> February 2021 at 12 noon.

Please pray for Noreen Walsh, whose Requiem mass will take place on the 18<sup>th</sup> February 2021 at 10:30 am.

Please pray for Georgina West, whose funeral will take place at South Essex Crematorium, Upminster on the 25<sup>th</sup> February 2021 at 3:20pm.

We extend our sympathy to all the families on the death of their loved ones.

***MAY THEY REST IN PEACE***

**Stand Up and Smile Campaign**

The campaign to protect babies with cleft-lip and clubfoot are asking for our prayers for this week they have suggested:

"For all going through difficult pregnancies, we pray for an overwhelming sense of hope and joy to fill their lives, and for increased support to be given by their family, friends and local communities.. Lord hear us"

**Rediscover Your Marriage** – Retrouvaille offers the chance to rediscover yourself, your spouse and a loving relationship in your marriage. Tens of thousands of couples headed for divorce have successfully saved their marriages by attending and using the tools provided. The programme helps spouses uncover or re-awaken the love, trust and commitment that originally brought them together. It has saved many hurting marriages, even bringing reconciliation to couples that have already separated or divorced. There is no group therapy or group work. [Sixteen couples attended our last weekend (six of whom were in the process of divorce) and almost all of the couples are still attending the follow up sessions. The feedback from the weekend was very positive and there are advantages in being able to attend the weekend from your own home.] ***For confidential information about 'Retrouvaille' or to register for the next programme commencing with a Virtual weekend on 25<sup>th</sup> - 28<sup>th</sup> February 2021, call or text 07887 296983 or 07973 380443 or email [retrouvailleukinfo@gmail.com](mailto:retrouvailleukinfo@gmail.com) or visit [www.retrouvaille.org.uk](http://www.retrouvaille.org.uk)***