

**MASS INTENTIONS**  
**Pentecost Sunday (A)**

Saturday 30 <sup>th</sup> May –	6.30pm	David McGoey (R.I.P)
Sunday 31 <sup>st</sup> May – <b>Pentecost Sunday</b>	9am	John Moody (R.I.P)
	11am	George Kiparrisi Intentions
Monday 1 <sup>st</sup> June – <b>Mary Mother of the Church</b>	9.00am	William Snowden (R.I.P)
Tuesday 2 <sup>nd</sup> June – Fiera	10am	Barbara Ryan (R.I.P)
Wednesday 3 <sup>rd</sup> June – <b>St Charles Lwanga</b>	9.00am	Kath Schaberg (R.I.P)
Thursday 4 <sup>th</sup> June – <b>Our Lord Jesus Christ the Eternal High Priest</b>	9.00am	Bill Shorey (R.I.P)
Friday 5 <sup>th</sup> June – <b>St Boniface</b>	9.00am	Teresa Margaret Clarke (R.I.P)
Saturday 6 <sup>th</sup> June Fiera	9.00am	Frances & Thomas Gordon (R.I.P)

**The Most Holy Trinity (A)**

Saturday 6 <sup>th</sup> June –	6.30pm	Bridie Seymour (R.I.P)
Sunday 7 <sup>th</sup> June -	9am	Liz Stacey (R.I.P)
	11am	Charles Stimpson (R.I.P)

**Sacrament of Reconciliation:** to be arranged

**Peace Garden**

Our prayer garden is opened daily and there is a prayer Pope Francis has asked us to pray to seek Mary's help, which is in front of the statue. Please say this prayer as we hope that the world may be healed of this virus.

**ST. ALBAN'S PARISH NEWSLETTER**  
(Langdale Gardens)

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**Pentecost Sunday (Year A)**  
**30<sup>th</sup> & 31<sup>st</sup> May 2020**

Dear Friends,

The Risen Jesus breathed on his disciples, a sign that he was sharing his life, his Spirit, his energy with them. Having breathed on them, he said "Receive the Holy Spirit". The energy, the life of God was being breathed into the disciples, and the first gift it brought them was the power to forgive or retain sins. But no one can receive the Spirit of God and be unchanged.

We have received the Holy Spirit at Baptism and in Confirmation. We need the help and guidance of the Holy Spirit to help us to be faithful, in things we take on, and especially relationships – marriage, family, Church – We are weak without God's help.

A little hymn which we sometimes sing at Mass, and which is often sung at prayer groups is this:

Spirit of the living God fall fresh upon me. Break me, melt me, mould me, fill me. Spirit of the living God, fall afresh on me.

This accepts that we have already received the Spirit but that each and every one of us continually need renewal. We cannot make the Holy Spirit come, but we can pray for that coming.

What tremendous energy was released on that first Pentecost Sunday. What tremendous energy is still released into the Church by the Holy Spirit, that we may work in communion with each other, renewing the face of the earth. Since we cannot meet due to the pandemic, as we long for this day to come let us pray the prayer to the Holy Spirit on the second page.

*Please keep safe and mind yourself and each other  
God Bless, Father Maurice*

***Please pray for all who are sick, including:***

Michael Balfour, Vincent Brady, Rose Cahill, John Carty, Maureen Daly, Katherine Day, Desmond family, Gerry Dique, Anthony Doherty, Nancy Donovan, Ann Dunn, Kevin Harty, Bernadette Heddle, Peter Hemsley, Ellen Hurley, Jenny Jones, Ann Kelly, Neil Kelly, Sheila Leahy, Mary Lynes, Siobhan McKeon, Norah McLoughlin, Matthew Milnar, John Morrison Cecilia O'Connor, Vincent Okolo, Dean Partleton, Nellie Ringrose, Mary Sayers, Marina Scarff, John Sinclair, Charles Stimpson, Crystal Stimpson, Theresa Wiseman, Elizabeth Wyles, Clara Yankey, Teresa Pitman, Julia Joseph, Mary Kakari, John Barry, Sarah Content, Celia Desmond, Teresa Shorey, Jean Berry, Dennis Doherty, Francesca Kelly, Paul & Eva AU, Rose Dique, Jim Nolan, George Kiparrisi, Rosetta Reehill

**Please pray for the repose of the soul:**

Marion Robinson whose funeral will be on this Monday, 1<sup>st</sup> June at 1.30pm and Irene Tully whose funeral will be on this Tuesday, 2<sup>nd</sup> June at 3.20pm both at South Essex Crematorium.

May they rest in peace and rise in glory.

**Gift Aid Envelopes**

Gift Aid envelopes have arrived at the Church if you wish to come and collect your boxes give the presbytery a ring to arrange a time.

The Diocese has provided each Church with their own direct on link for the offertory. <https://www.dioceseofbrentwood.net/donations?parish=elm-park>  
Please remember if you are a taxpayer and have envelopes make it known on your donation, otherwise we will not be able to reclaim the tax paid. We have also been asked about Easter Offerings for the priest please make that known also if donating online.

**Prayer to the Holy Spirit**

Spirit of Light, let your wisdom shine on us.

Spirit of Silence, make us aware of God's presence.

Spirit of Courage, dispel the fear in our hearts.

Spirit of Fire, inflame us with Christ's love.

Spirit of Peace, help us to be still and listen to God's word.

Spirit of Joy, inspire us to proclaim the Good News.

Spirit of Love, help us to open ourselves to the needs of others.

Spirit of Power, give us all your help and strength.

Spirit of Truth, guide us all in the way of Christ

**Prayer to St Joseph by Pope Francis**

**Protect**, O Holy Guardian, this our nation

**Enlighten**, those responsible for the common good, so that they might know – like you do – how to care for those entrusted to their responsibility.

**Grant**, intelligence of knowledge to those seeking adequate means for health and physical well-being of their brothers and sisters

**Sustain**, those who are spending themselves for those in need, even at the cost of their own safety: volunteers, nurses, doctors who are on the front lines in curing the sick.

**Bless**, O St Joseph, the Church: beginning with her ministers, make her the sign and instrument of your light and your goodness.

**Accompany**, O St Joseph, our families: with your prayerful silence, create harmony between parents and their children, in a special way with the youngest.

**Preserve**, the elderly from loneliness: grant that no one might be left in desperation from abandonment and discouragement.

**Comfort**, those who are the most frail, encourage those who falter, intercede for the poor.

With the Virgin Mother, beg the Lord to liberate the world from every form of pandemic.

**Amen.**